8 List of Artists

10 Foreword

12 Acknowledgments

Introduction
JOSEF HELFENSTEIN

17 Experiments with Truth: Gandhi and Images of Nonviolence

Gandhi

55 Salt and the March to Freedom
VINAY LAL

66 Gandhi's Letter to Lord Irwin, Viceroy of India (1930)

71 Four Alternatives to Civilization: Gandhi's Ashrams, Their Principles and Sources
ERIC M. WOLF

93 Gandhi's Constructive Program (1945)

99 Henri Cartier-Bresson and Gandhi's Last Days
TOBY KAMPS

121 Gandhi in East Bengal (1950)
Amiya Chakarvarty

123 Gandhi's 1947 East Bengal March
Phillips Talbot

Peace and Justice Advocates
JOSEPH N. NEWLAND

132
Quakers, or the Society of Friends
Quaker Declaration of 1660
134
Leo Tolstoy
The Kingdom of God Is Within You (1893)
138
John Ruskin
139
Ralph Waldo Emerson
140
Henry David Thoreau
Resistance to Civil Government, or Civil Disobedience (1849)
143
Sojourner Truth
144
Frederick Douglass
The End of All Compromises with Slavery–Now and Forever (1854)
147
Abraham Lincoln
The Emancipation Proclamation (1863)
150
Florence Nightingale
Letter to the Lord Mayor of London (1877)
152
Henry Dunant
The Blood-Drenched Future (ca. 1880s)
158
Clara Barton
159
Te Whiti
160
Doukhobors
164
Albert Schweitzer
166
Abdul Ghaffar Khan
On Non-Violence (1969)
170
Gandhi's Early Advocates in America
172
John Haynes Holmes
Who Is the Greatest Man in the World Today? (1921)
176
Martin Luther King Jr.
On Gandhi, and On Nonviolent Resistance (1958)
182
Bayard Rustin
183
James Lawson
185
W. E. B. Du Bois
Gandhi and the American Negroes (1957)
188
Albert Mvumbi Lutuli
The African Women's Demonstration in Natal (1959)
194
Nelson Mandela
The Sacred Warrior (1999)
198
Dalai Lama
A Tribute to Gandhi (2009)
202
Thich Nhat Hanh
The Roots of War (1991)
208
Aung San Suu Kyi
Freedom from Fear (1991)
214
Cesar Chavez
216
Óscar Romero
Nobel Peace Prize Nomination Letter (1978)
218
The Chipko Movement, Wangari Mathaai, Rigoberta Menchú Tum
224
Gene Sharp
198 Methods of Nonviolent Action (1973)

Sacred Texts

238 The Sermon on the Mount

241 *Bhagavad Gita* 2:54–72, Gandhi's Favorite Passage

244 *Raghupati Raghav Raja Ram*
VINAY LAL

246 *Raghupati Raghav Raja Ram*
247 *Vaishnavajana to*
Translated by Neelima Shukla Bhatt

249 Gandhi's Anthem for Moral Inspiration: *Vaishnavajana to*
NEELIMA SHUKLA-BHATT

257 Five Great Jain Vows, Five Moral Principles of Yoga, Gandhi's Ashram Vows

261 Poems by Kabir
Translated by Linda Hess

273 Gandhi and Kabir
LINDA HESS

278 Poems by Jelaluddin Rumi
Translated by Coleman Barks

Houston

305 Styles of Change: John de Menil and Civil Rights in Houston
MIMI CROSSLEY DETERING

312 Memo about the Black Panthers and De Luxe Theater
John de Menil

315 Martin of Tours and the Word "Chapel"
André Scrima

319 Can the Sacred Withstand the Violence of the Truth?
EMILEE DAWN WHITEHURST

Coda

329 On the Art of Dying: Death and the Specter of Gandhi
VINAY LAL

337 Universal Declaration of Human Rights

344 A Chronology of Selected Nonviolent and Humanitarian Actions

349 Index of Artists and Illustrations